

# Blueprints Orthopedics

FrailtyBlueprints Orthopedics Jorge G. Ruiz Grant Cooper  
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this book offers a thorough examination of frailty covering its complexity through sections on foundational concepts pathogenesis research assessment methods management strategies care settings its relation to other chronic conditions and societal implications it provides a deep understanding of frailty s scientific basis advanced assessment tools innovative management and prevention approaches and examines frailty within diverse care settings and in relation to other health conditions by integrating multidisciplinary insights it presents a holistic view of frailty addressing its clinical societal and policy related aspects aiming to enhance well being and inform clinical practitioners educators and policymakers this book can serve as a reference guide with up to date information on frailty in older adults for geriatric medicine physicians primary care clinicians geroscience researchers nurses therapists ot pt st and social workers

designed as a quick read for students on an orthopedics rotation and others who want to know more about the specialty blueprints orthopedics covers the essentials that every student needs to know in a pocket sized practical reference coverage of each anatomic region begins with a concise overview of high yield surgical and functional anatomy followed by the physical examination diagnostic evaluation and treatment of common disorders that students are likely to encounter fifty multiple choice review questions are included plus appendices on career and residency opportunities a handy reference list of commonly prescribed medications and a glossary of key terms and tests

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